

Merrimack Valley 50+

May
2026

Active *Life*

Savvy Senior

Our New Monthly Column

**Celebrating
Our Teachers**

**Things to Do:
Merrimack Valley
Community
Calendar**

Free

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Merrimack Valley 50+ Active Life

May 2026

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Merrimack Valley 50+
Active Life

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UNDERSTANDING HISTORIC PRESERVATION WITH THE NORTH ANDOVER HISTORICAL SOCIETY

The North Andover Historical Society (NAHS) is proud to announce their continuing educational series this May in honor of National Historic Preservation Month. Our goal is to help the public understand best practices in historic preservation, from researching family histories to navigating local boards and processes that help preserve our shared heritage. In addition, we've teamed up with two in-town projects to showcase their own preservation efforts: the Farm Legacy Project and a group attempting to save the James Frye House. All events are held at the NAHS Stevens Center, located at 800 Massachusetts Avenue in North Andover. Registration is required and can be found on our website: www.NorthAndoverHistoricalSociety.org. Programs cost \$5 for NAHS members, and \$15 for non-members, unless otherwise indicated.

First Saturday at the Parson Barnard House Museum

Saturday, May 2, 11:00 a.m. to 2:00 p.m.
 Join us at the 1715 Parson Barnard Historic House Museum, located at 179 Osgood Street, and experience the house as it was during four different time periods from 1715 to 1830. Speak with volunteers and learn how this house was preserved at this "First Saturday" event, marking the opening of this museum on the first Saturday of the month. This event is FREE.

A Genealogy "How-To" with Robin Siegel

Tuesday, May 5, 6:30 p.m. to 8:00 p.m.
 North Andover Historical Society
 Join NAHS Curator and Archivist, Robin Siegel, for a lesson on how to begin your own genealogy research and discover your family's history.

Farm Legacy Documentary: Episodes 1 & 2

Saturday, May 9, 11:00 p.m. to 12:30 p.m.
 Farm Legacy is a multi-part documentary series that tells the stories of North Andover's farm properties and the families that have stewarded over them for generations. We will begin with the first episode, and follow the showing with the latest episode that focuses on technology and innovation on the farm, past to present, including the changes it made to the profession, and what changes are being fostered in Massachusetts today.

North Andover's Colonel James Frye, Revolutionary Hero with Alex Cain

Saturday, May 9, 2:00 p.m. to 4:00 p.m.
 Join historian, writer, and podcaster (Historical Nerder) Alex Cain, for a lecture on local Revolutionary Hero Colonel James Frye. Following Alex Cain's lecture, attendees will be given an update on the campaign to save the Frye House, as the potential demolition is less than two months away.

A Guide to Historic Commissions & Societies with David Blauvelt

Tuesday, May 19, 6:30 p.m. to 8:00 p.m.
 This Historic Preservation month join NAHS Education Coordinator, David Blauvelt, as he explains the differences and interactions between North Andover's Historical Commission, Local District Commissions, and the Historical Society.

For more information about the event and to register, visit www.NorthAndoverHistoricalSociety.org.



The Letter Your Loved Ones Will Treasure

By Jim Miller

Dear Savvy Senior,

I want to leave something meaningful for my children and grandchildren, beyond just money or property. I've heard about "legacy letters," but I don't really know what they are or how to start one. Can you help?

--Legacy Seeker

Dear Seeker,

You're asking a wonderful question. A legacy letter, sometimes called an ethical will, is a personal note to your loved ones where you can share your values, life lessons, cherished memories, hopes, and guidance. Unlike a traditional will, which focuses on legal matters, a legacy letter comes straight from the heart.

Why write one?

Many people think a legacy is just money or property. But often, it's your words, values, and life lessons that leave the deepest mark. A legacy letter gives your family something to hold onto – your stories, your traditions, and the experiences that shaped who you are. Children and grandchildren often return to these letters for comfort, guidance, or inspiration long after you're gone. In many ways, it becomes an emotional last will and testament, answering some of the most important questions about your life.

A legacy letter can also help explain the "why" behind your estate plan in a personal, thoughtful way. While a will handles the legal and financial details, a legacy letter adds context – why you made certain decisions or what you hope your loved ones will do with what you leave behind. That added perspective can ease misunderstandings, strengthen family connections, and leave a lasting sense of closeness.

Getting started

Take a moment to reflect on what matters most to you. Consider asking yourself:

- What values or principles have guided my life?
- What moments or experiences am I most grateful for?
- What mistakes or regrets taught me the most?
- How do I hope to be remembered by my loved ones?

- What lessons, advice, or guidance do I want to leave for my family?
- Which family traditions, stories, or dreams do I want future generations to carry forward?

Keep it personal and sincere. You can write one letter or several for different family members. Most letters run one to three pages, though there's no strict rule.

If you'd like a little guidance as you get started, Trust & Will has a free legacy letter writing guide with step-by-step prompts to help you organize your thoughts and begin writing. You can find it at trustandwill.com/learn/legacy-letter-writing-guide.

If writing isn't your thing, consider creating a legacy video. Speak directly to your loved ones, sharing stories, guidance, and heartfelt reflections. Most smartphones now record high-quality video and sound, making it easy to create, store, and share. A video captures your voice, expressions, and surroundings in a way that a letter simply can't.

Storing and sharing

Keep letters or videos in a safe, easy-to-find spot. Physical letters can go in a secure file, safe, or with your attorney, while digital files can be backed up to the cloud or an external drive. You can share them now or wait until later, after you're gone. Be sure to include instructions in your will so family members know where to find them.

When it comes down to it, a legacy letter or video is truly the heart behind your will. It gives you the chance to share your values, tell your stories, and even explain the intentions behind your estate plan, leaving your loved ones with words that will matter long after you are gone. Written with generosity, empathy, and positivity, a few thoughtful pages or a short video can create an emotional imprint that money alone cannot provide.

Send your questions or comments to questions@savvysenior.org, or to Savvy Senior, P.O. Box 5443, Norman, OK 73070.

How have different cultures expressed their love of gardens through art? What materials and methods have artists used to explore the idea of “garden” in their work? This lecture will review Framing Nature: Gardens and Imagination currently on view at the MFA in Boston, an exhibition that brings together art from across the museum’s collection and the many ways cultures interact with and view nature through gardens.

About the Presenter:

Meg Black is a past Chair of the Art Department and current artist at Salem State University.

This program is presented in collaboration with the Chelmsford, Groton, and Tewksbury Libraries and is in partnership with a multitude of MA & NH libraries.

Virtual registration required. Register HERE. Link: <https://us02web.zoom.us/j/7917757447994/>

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Saturday, May 9

VIRTUAL TICKS & TICK-BORNE THREATS SATURDAY, MAY 9 10:30—11:30 AM Zoom **PLEASE NOTE THIS IS A VIRTUAL PROGRAM THAT WILL TAKE PLACE VIA ZOOM. Registrants will receive a link to access the Zoom Webinar via email.**

Explore the biology of ticks and the growing threat of tick-borne diseases. While Lyme disease (caused by *Borrelia burgdorferi* and transmitted by blacklegged ticks) is the most common vector-borne disease in North America, there are many other serious pathogens carried by different tick species, including those causing babesiosis, anaplasmosis, Powassan encephalitis, and alpha-gal syndrome. Understand the three-phase risk framework — pre-bite prevention (proper clothing, DEET/picaridin on skin, permethrin on clothing, yard sprays), tick bite response (simple removal with fine-tipped tweezers, avoiding myths like using Vaseline or squeezing), and post-bite risk assessment using tick testing through TickReport, which identifies the tick species, evaluates feeding duration, and tests for pathogen DNA to help gauge individual risk. Learn how not all tick species carry the same pathogens, not every tick is infected, and transmission risk increases with feeding time, making individualized assessment valuable. Discover resources from NEWVEC (New England Center of Excellence in Vector-borne Diseases) and the TickReport website. Led by Dr. Stephen Rich, a UMass Microbiology professor and director of the Laboratory of Medical Zoology. He is also principal owner of Medzu Inc., which provides the TickReport testing service.

Register directly on Zoom

RECORDING NOTE: This program will be recorded. All registrants will receive the recording via email within 48 hours of the program.

This program is made possible by the Tewksbury Public Library.

ADULT CRAFT: PAPER MACHE BIRD SATURDAY, MAY 9 2:00—3:30 PM Milhender Room Haverhill Public Library 99 Main Street, Haverhill, MA, 01830 This month we will be making a paper mache bird that you can decorate! Registration for this event opens Friday, May 1 at 9:00 AM.

Monday, May 11

VIRTUAL PRINTING CREATED AMERICA MONDAY, MAY 11 11:00 AM—12:00 PM Zoom

Please note that this is a podcast-style program with no video.

Register for the program HERE. The meeting passcode will be sent to your email confirmation for this program.

The newspapers and pamphlets of the American Revolution allowed a handful of people to convince 2 million colonists to challenge the most powerful nation on earth. Hear the story of America like you have never heard it, with Frank Romano of the Museum of Printing!

This is presented by Frank Romano, president of the Museum of Printing in Haverhill, and Professor Emeritus at the Rochester Institute of Technology. He is the author of 85 books. Learn more about the Museum of Printing here.

Register using the link in the description.

Tuesday, May 12

BACK TO THE EARTH: A GREEN BURIAL WORKSHOP (IN PERSON) TUESDAY, MAY 12 6:00—7:30 PM Program Room Newburyport Public Library, 94 State Street, Newburyport, MA, 01950

Curious about natural burial and eco-friendly funeral options? In this workshop, we’ll explore how green burial supports a natural return to the earth. Learn about sustainable alternatives to conventional burial and cremation, ask questions, and join a thoughtful community conversation about caring for the planet, even at the end of life.

Participants will learn: What green burial is and how it works. The environmental impact of conventional burial and cremation.

Natural burial options and practices. How to plan or talk with loved ones about end-of-life wishes.

About the Presenter: Sarah Gladstone is a Death Doula, End of Life Planner, and Grief Guide with Human Condition Death Care.

Wednesday, May 13

REVOLUTIONARY HAVERHILL WEDNESDAY, MAY 13 6:00—7:00 PM Milhender Room Haverhill Public Library 99 Main Street, Haverhill, MA, 01830 Join us for an educational presentation

about Haverhill’s role in the American Revolution! Presented by Tom Spitalere. Registration for this event opens Friday, May 1 at 9:00 AM.

OUR AMAZING BIRDS (VIRTUAL) WEDNESDAY, MAY 13 5:30—6:30 PM Virtual Program Newburyport Public Library, 94 State Street, Newburyport, MA, 01950 Enjoy beautiful bird photography which illustrates the diversity in avian feeding techniques, mating systems, migration feats, tool use, food storage, brood parasitism, nest building, and plumage coloration. Birds have the greatest diversity in form and behavior of any group of terrestrial vertebrates – they’re an exciting group of animals

About the Presenter: Bill Gette, Founding Director of Mass Audubon’s Joppa Flats Education Center and Past President of the Friends of Parker River National Wildlife Refuge, has been birding since 1961. During that time, he has not only been thrilled by the beauty of birds but has also been amazed by their diversity.

SECOND EDITIONS BOOK CLUB WEDNESDAY, MAY 13 2:30—3:30 PM Amesbury Room Amesbury Public Library 149 Main St., Amesbury, MA, 01913 In cooperation with the Amesbury Council on Aging, join Assistant Library Director Stephanie Smith for a book group geared toward older adults that will meet 2nd Wednesdays from 2:30-3:30 p.m. at the Senior Center. New members are always welcome! Please use the form below to register so we know how many copies of the next month’s book to bring.

This month we will discuss *The Real Americans* by Rachel Khong. We will also have copies of the next month’s book in regular print and large print available to borrow using your library card. Copies of the book will also be available for pickup at the Amesbury Public Library.

About the book: In this intricately woven tapestry of class and striving, race and visibility, and family and inheritance, 15-year-old Nick Chen, who cannot shake the feeling his mother is hiding something, sets out to find his biological father—a journey that raises more questions than it provides answers.

LIBRARY CONTACT: Stephanie Smith, ssmith@amesburylibrary.org, 978-388-8148 x607

COA CONTACT: front desk, 978-388-8138 Sign up for our e-newsletter and be among the first to learn about all of our programs and events.

THE CIVIL WAR ROUNDTABLE OF THE MERRIMACK

Will meet on Wednesday, May 13, 2026, at 7:30pm at the Hilton Senior Center, 43 Lafayette Rd (Rte 1), Salisbury, MA.

The program for the evening is “Where all so well did their duty ...”: George Sears Greene’s Brigade at Gettysburg,” with historian Dan Welch.

Actions on Culp’s Hill in Gettysburg get little attention, but some of the hottest fighting took place there, and the history of Culp’s Hill cannot be discussed without bringing up George Sears Greene and his men.

Dan Welch, a Gettysburg Park Ranger, editor of *Gettysburg Magazine* and author of two books, will head north to discuss this often neglected, but vital portion, the “barb” of the famous fishhook defensive position.

The Civil War Roundtable of the Merrimack is a non-profit group for the study of the American Civil War and that era of American History. We meet 10 times a year on the second Wednesday and are FREE and open to the public. For more information, go to www.cwrtmerrimack.org or call 978-994-4717.

Saturday, May 16

CRAFT SUPPLY SWAP SATURDAY, MAY 16 2:00—3:00 PM Milhender Room Haverhill Public Library 99 Main Street, Haverhill, MA, 01830

Are you looking to start a new craft but don’t want to spend money on all the supplies you need? Did you buy a bunch of craft supplies you never used? Or maybe it’s just time for you to clean out your craft closet! Whatever your crafting needs, join us for our Craft Supply Swap!

Help us divert usable craft supplies from landfills and make crafting more accessible to our community! Any remaining items may be used for library programs or donated locally.

HOW IT WORKS Collection: We are accepting up to one grocery bag worth of supplies per person! Donations are only accepted during the event from 2-3 PM. DO NOT leave donations in any other location inside or outside of the building.

Who can participate: Don’t have any supplies to donate? You can still attend! Please bring your own bag to take items with you.

DONATION RULES Suggested items: yarn, paper, paint, craft kits, pastels, markers, blank canvasses, fake flowers, paint brushes, stencils, and supplies for scrapbooks, knitting, sewing, crocheting, & embroidering. Only art & craft supplies, please.

All supplies must be clean and gently used. No broken, expired, dirty, moldy, or musty items. Items in poor condition will not be accepted.

Items that are less than half full (example: paint, glue).

No registration required! Please call us at (978) 373-1586 with any questions.

*Haverhill Public Library cannot guarantee

the condition of any items donated and attendees are selecting & using items at their own risk* No Registration Required

Tuesday, May 19

WATERCOLOR CLASS WITH PIXIE YATES TUESDAY, MAY 19 6:00—7:30 PM Milhender Room Haverhill Public Library 99 Main Street, Haverhill, MA, 01830 This program is for adults ages 18+ Pixie Yates will teach you how to paint lilacs in watercolor!

When registration for our events fills up, interested attendees are often added to a waitlist. If for any reason you or anyone in your party is unable to attend, please notify the library at (978) 373-1586 x608 as soon as possible so that someone else may have the spot. Thank you!

Registration for this event opens Friday, May 1 at 9:00 AM.

MUSIC THROUGH THE DECADES (IN PERSON)

TUESDAY, MAY 19 5:30—6:30 PM Program Room Newburyport Public Library, 94 State Street, Newburyport, MA, 01950

The Norman Rockwell Museum commissioned David Polansky to develop “Music Through The Decades”, a fun filled hour in which the audience learns how the last hundred-plus years of American and world history have inspired so many of the songs we love.

Using keyboard, trumpet, and vocals, David presents the music of George M. Cohan, Fats Waller, Irving Berlin, Hoagy Carmichael, and a host of others - music inspired by the advent of the automobile, the two world wars, the Roaring 20’s, the great depression, the wild west, and much more.

About the Presenter:

David Polansky is a multi-talented musician, songwriter, and consummate entertainer who uses his trumpet, piano, vocals, and an encyclopedic repertoire of standards and original compositions to “Wow” his lucky listeners. Aside from displays of fine musicianship, his programs are warm, informative, and humorous.

David has worked with such legends as Arthur Fiedler, Ray Bolger, Sandler and Young, Phyllis Diller, and The Platters, composed and arranged music for the Tommy Dorsey Band, Amherst Ballet Theatre Company, Pearl Bailey, Springfield Symphony and many more.

Wednesday, May 20

CHOLESTEROL MANAGEMENT: BEYOND THE NUMBERS WEDNESDAY, MAY 20 1:00—2:00 PM Milhender Room Haverhill Public Library 99 Main Street, Haverhill, MA, 01830

Knowing your cholesterol numbers is important to maintaining optimal health, but do you really understand what the numbers mean? Please join us for this informative review where we will discuss

what cholesterol is, how it impacts our health, the important role cholesterol has in helping our bodies function properly, and the steps you can take in lowering your cholesterol numbers and improving your overall cardiovascular wellness. Presented and sponsored by the City of Haverhill Public Health Department. No Registration Required

PAGE TURNERS BOOK CLUB - PM SESSION WEDNESDAY, MAY 20 6:30—7:45 PM Amesbury Room Amesbury Public Library 149 Main St., Amesbury, MA, 01913

Page Turners Book Club - PM Session. Join us For An In-Person Discussion of Everyone In My Family Has Killed Someone by Benjamin Stevenson.

“Everyone in my family has killed someone. Some of us, the high achievers, have killed more than once. I’m not trying to be dramatic, but it is the truth. Some of us are good, others are bad, and some just unfortunate. I’m Ernest Cunningham. Call me Ern or Ernie. I wish I’d killed whoever decided our family reunion should be at a ski resort, but it’s a little more complicated than that. Have I killed someone? Yes. I have. Who was it? Let’s get started.”-- Pre-registration is required. Registration will open on the morning of April 16th.

Waitlist will be available. Please do not register for this event if you have already registered for the book club meeting on May 21st.

NOTE: Participants will be notified when the book is available at the library to check out upon completion of registration.

Thursday, May 21

VIRTUAL TOUR OF THE MUSEUM OF MODERN ART THURSDAY, MAY 21 2:00—3:00 PM Zoom **PLEASE NOTE THIS IS A VIRTUAL PROGRAM THAT WILL TAKE PLACE VIA ZOOM. Registrants will receive a link to access the Zoom Webinar via email.**

The Museum of Modern Art, located in midtown Manhattan, is one of the most influential art museums in the world. Discover its fascinating origins, founded through the vision and determination of Abigail A. Rockefeller, and see how the Rockefeller family shaped the modern art world today. Visit some of the most famous and spectacular masterpieces by Monet, Picasso, Van Gogh, and Matisse. Led by Marisa, founder of Museums With Marisa, a professional museum educator, Egyptologist and former archaeologist, and current private docent and art lecturer. Register directly on Zoom HERE.

RECORDING NOTE: This program will be recorded. All registrants will receive the recording via email within 48 hours of the program.

This program is made possible by the Tewksbury Public Library.

Tuesday, May 26

ART ON THE LAWN: STRING ART CARDS TUESDAY, MAY 26 6:00—7:30 PM Side Lawn Amesbury Public Library 149 Main St., Amesbury, MA, 01913 Adults, join crafter Rachele Toth to make your own custom cards using embroidery floss and colorful paper! This program is part of Art on the Lawn: Crafts and Community for Adults.

Registration is required using the form below. Registration opens Tuesday, May 12, at 6:00 p.m.

This program is outdoors and therefore weather dependent; in the case of inclement weather the program will be rescheduled to Tuesday, June 9, at 6:00 p.m.

PLEASE NOTE: No pets, only service animals at our programs.

QUESTIONS ABOUT REGISTRATION? Contact the Reference Desk, 978-388-8148, option 2 / reference@amesburylibrary.org QUESTIONS ABOUT THE PROGRAM? Contact Stephanie Smith, ssmith@amesburylibrary.org, 978-388-8148 x607

FUNDING CREDIT: This program is funded in part by a grant from the Amesbury Cultural Council, a local agency which is supported by Mass Cultural Council, a state agency.

Sign up for the library’s e-newsletter and be among the first to learn about all of our programs and events.

Registration for this event opens Tuesday, May 12 at 6:00 PM.

Wednesday, May 27

COOKBOOK CLUB WEDNESDAY, MAY 27 6:30—7:30 PM Milhender Room Haverhill Public Library 99 Main Street, Haverhill, MA, 01830 Join us for our cookbook club!

We’ll all cook a different recipe from one cookbook and then bring the dishes in to share and discuss, potluck-style, every OTHER 4th Wednesday of the month! Register as usual.

Pick up and check out a copy of the cookbook from the Holds shelf.

Reserve the recipe you’d like to cook by emailing programming@haverhillpl.org. Reserved recipes will be listed here. You can cook anything from the book except alcoholic recipes (beverages, etc.). Space is limited

We will provide plates, eating utensils, and napkins (feel free to bring as well). Please bring serving utensils. We cannot reheat or warm anything at the library.

Per Massachusetts state law we need to let you know that neither the food nor the facilities have been inspected by the state or by a local public health agency. We cannot guarantee that food served at library programs does not contain tree nuts, soy, or other allergens.

May 2026 Details We’ll meet Wednesday, May 27th from 6:30-7:30pm.

Our cookbook will be Something From Nothing by Alison Roman.

Reserved Recipes:

Registration for this event opens Friday, May 1 at 9:00 AM.

Thursday, May 28

The Peale Family: America's First Artistic Dynasty (Art Talk Series)

THURSDAY, MAY 28:00—8:15 PM Zoom

Join us each month to explore and appreciate different artists or artistic movements with Jane Oneail. This month, learn about Charles Willson Peale, the patriarch and Revolutionary War veteran, who not only created some of our nation's most important portraits of founding fathers like George Washington, but also founded America's first major museum and fostered a dynasty of painter sons and daughters. Registration is required; register via Zoom by clicking here.

This program is presented in conjunction with the public libraries of Chelmsford, Ashland, Groton, and Tewksbury and is funded in part by the Friends of the Amesbury Public Library.

This month's topic: How did one family's dedication to art, science, and education shape the cultural landscape of a young nation still defining its identity? Discover the remarkable legacy of the Peale family, whose artistic talents spanned generations and helped establish the foundation of American art in the early republic. Charles Willson Peale, the patriarch and Revolutionary War veteran, not only created some of our nation's most important portraits of founding fathers like George Washington, but also founded America's first major museum and fostered a dynasty of painter sons and daughters. Through exploring works by Charles Willson Peale, his sons Raphaelle, Rembrandt, and Rubens Peale, along with his daughters Sarah and Anna, this program reveals the intimate story of artistic innovation, family bonds, and the pursuit of both beauty and knowledge in early America.

Image: Charles Willson Peale, The Artist in his Museum, 1822. Pennsylvania Academy of the Fine Arts.

About the Presenter: Jane Oneail (pronounced OH-neel) is the founder of Culturally Curious, a company that curates and presents art appreciation programs for audiences worldwide. Jane holds a master's in Art History from Boston University and a master's in Education from Harvard University. Born and raised in NH, she has worked at some of the state's most esteemed cultural institutions, including the League of New Hampshire Craftsmen, where she served as Executive Director, and the Currier Museum of Art, where she held the role

of Senior Educator. Jane has also taught at the college level for more than a decade, most recently at Southern New Hampshire University. For more information visit the Culturally Curious website.

QUESTIONS ABOUT REGISTRATION?

Contact the Reference Desk, 978-388-8148,

option 2 / reference@amesburylibrary.org

QUESTIONS ABOUT THE PROGRAM? Contact Stephanie Smith, ssmith@amesburylibrary.org, 978-388-8148 x607

FUNDING CREDIT: Thank you to the Friends of the Amesbury Public Library for funding this series!

Sign up for our e-newsletter and be among the first to learn about all of our programs and events.

Register Using Zoom Link in Description

Saturday, May 30

HPL READ ANYTHING CLUB

SATURDAY, MAY 30 10:00—11:00 AM Milhender Room Haverhill Public Library 99 Main Street, Haverhill, MA, 01830

*Please note that this program will meet on the fifth Saturday this month, as HPL will be closed on the prior weekend.

Join the HPL Read Anything Club!

This group of anyone 18 or older will feature books across the literary spectrum - whatever genre piques your interest!

We will meet the 4th Saturday of each month. No registration necessary - you can simply pick up a book (limited copies, first come, first served) on the holds shelf in the front of the library.

Our May book will be "Things You Save in a Fire" by Katherine Center
No Registration Required

Please send any events you would like considered for the Calendar of Events to Editor@merrimackvalleyactivelife.com

SALEM AREA WOMEN'S CLUB CELEBRATES 100 YEARS OF COMMUNITY SERVICE

Happy 100th Birthday! - The Salem Area Women's Club-GFWC (SAWC) is delighted to celebrate its 100th Anniversary throughout 2026. Marking this remarkable milestone, SAWC hosted a formal Gala on March 12th, welcoming nearly 200 members and community supporters. SAWC President Patti Drelick reflected on the club's century-long legacy of service, noting how current members honor past contributions while actively serving today and planning for the future.

Please join us for a Centennial Afternoon Tea - The celebration of a century of service and sisterhood continues. Steeped with the history of SAWC, GFWC, and the magic of Searles Castle, come enjoy an afternoon of spring gardens in the courtyard, tours of the castle, and music in the air. Savor the champagne, conversation, and Tea with all its delectable accompaniments under the grande tent. Guest of Honor is Wendy Carriker, Incoming President of GFWC International. Tuesday, May 5, 2026, 1:30 to 4:30 pm, Searles Castle, Windham. The community is warmly invited to attend. For more information and tickets, visit: <https://www.salemareawomensclub.org/events-2>

Celebrating the USA's 250th Anniversary - Salem Style - On Tuesday, April 14th at 6:30 PM, SAWC will participate in a special community program at the Salem Historical Society, 310 Main Street, Salem. The evening will feature guest speaker Doug Wood of the Sons of the American Revolution, presenting "The Colonial Soldier," an engaging and informative talk. From 6:30-7:00 PM, Terry D'Errico of the NH Philharmonic will welcome guests with Revolutionary War-era music performed on a historic flute. SAWC will provide refreshments. This free program is open to the public.

Battling Food Insecurity in the Community - SAWC continues to support organizations dedicated to ensuring no local family goes without food. Recently, the club donated \$2,250 in financial contributions, along with essential household items—including laundry detergent, paper towels, and soap—to End 68 Hours of Hunger, Bread of Life Food Pantry, and Hope Center Food Pantry, all located in Salem. These efforts are led by the dedicated "Savvy Shopping Sisters," including Loren Faber, Margaret Fuller, Debz Dzioba, Kristen Klecan, Deb Slein, and Susan Mothon, who spend countless hours sourcing and delivering supplies.



Breakfast & Lunch

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